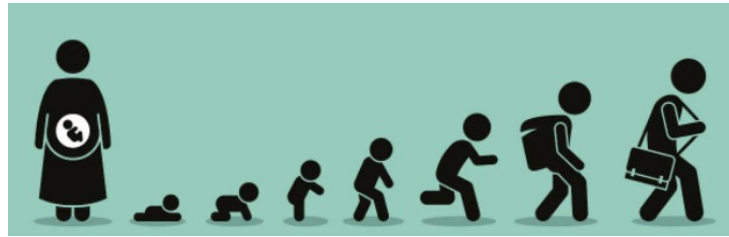


PSHE- Growing and changing Innovation

Prior Knowledge

In KS1, the children learnt that humans mostly have the same body parts but they can look different from person to person. Some of our body parts are private. As we grow we are able to acquire new skills that we didn't have when we were younger.

In KS2 they have learnt that every person will go through puberty in their life. People start puberty at different ages.



My Component Knowledge:

Lesson 1: I can describe some of the changes that happen to people during their lives.

Lesson 2: I understand how the onset of puberty can have emotional as well as physical impact.

Lesson 3: I understand and can explain why puberty happens.

Lesson 4: I understand that periods are a normal part of puberty for girls.

Lesson 5: I recognise how secrets and surprises can make people feel.

Lesson 6: I know the reasons why a person would want to be married, live together, or have a civil ceremony.

My Composite Knowledge:

I know that everyone goes through changes in their lives and that these changes can affect people in different ways.

My Powerful Knowledge:

I am aware that one change that everyone goes through is puberty and I know that there will be changes to my own body. I know that puberty can impact people's emotions and I have strategies to support me when I experience conflict with others, such as compromising with them.

Key Vocabulary

Tier 1: impact, change, reproduce

Tier 2: hormones, conflict, compromise,

Tier 3: puberty, internal, external, sanitary products, committed relationship, civil partnership

1. Angry
2. Upset
3. Jealous
4. Worried
5. Excited
6. Scared

Why do feelings change during

What are the similarities and differences of male and female bodies?

